

Curriculum Vitae

Ryan J Milley, MAcOM, LAc

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EDUCATION

- 9/01-9/05 **Oregon College of Oriental Medicine**, Portland, OR
Master of Acupuncture and Oriental Medicine Degree,
September 2005
- 9/94-5/97 **Colby-Sawyer College**, New London, NH
Bachelor of Science Degree in Sport Sciences, May 1997

EXPERIENCE: *Clinical Practice*

- 1/12 – Present Mill-e-Moto: Center for Traditional East Asian Medicine
6750 SW Franklin St, Suite B
Tigard, OR 97223
- 3/08 – 12/12 Encompass Acupuncture Health, LLC, Private practice
4309 Oakridge Road
Lake Oswego, OR 97035
- 6/06 – 3/08 Mountain Sports Acupuncture, LLC, Private practice
333 South State Street, Suite W
Lake Oswego, OR 97034
- 2/06 – 1/07 Outside In, Chinese Medicine Clinic, Volunteer
1132 South West 13th Ave
Portland, OR 97205
- 9/06 - 11/06 International TCM Training Center, Advanced study in Chinese
Herbal Medicine; Nanjing, China P.R.C.
- 9/05 – 9/06 Oregon College of Oriental Medicine (Intern Clinic)
10525 South East Cherry Blossom Drive
Portland, OR 97216

EXPERIENCE: *Research & TEAM Related Work*

- 8/20 - Present **Associate Medical Director**
The CHP Group
6600 SW 105th Ave; Ste 115
Beaverton, OR 97008
- 7/07 - Present **Traditional Japanese Medicine Seminars of Portland**
Co-Owner; Portland OR
- 9/10 – 8/25 **Adjunct Faculty Member: Oriental Medicine Research**
Oregon College of Oriental Medicine
75 NW Couch Street
Portland, OR 97209
- 11/07 – 1/18 **Society for Acupuncture Research**
Board Member
- 9/01 - 4/12 **Informatics Specialist/Research Associate**
Oregon College of Oriental Medicine Research Department
10525 South East Cherry Blossom Drive
Portland, OR 97216
- 3/00 - 8/01 **Research Associate/Project Manager**
Brigham & Women's Hospital, Harvard Medical School
75 Francis Street
Boston, MA 02115
- 6/98 - 3/00 **Research Exercise Physiologist/Project Manager**
Center for Clinical and Lifestyle Research
21 North Quinsigamond Avenue
Shrewsbury, MA 01545
- 10/97 - 5/98 **EKG & Pulmonary Technician**
Minor & James Medical Center
12 Minor Avenue
Seattle, WA 98104

Select Presentations

- Oregon Association of Acupuncturists. *Chronic Pain Management amid a Pandemic: Telehealth Resources for Acupuncturists* (2020)
- The CHP Group Provider Conference. *Breath & The Diaphragm: A Missing Link in Chronic Pain?* (2019)

Select Presentations (Continued)

- Guest Lecturer, Tokyo Therapeutic College, Kuretake Acupuncture School; *Translational Research in Acupuncture: From Bench to Bedside, Oregon to Tokyo* (2017)

- Society for Acupuncture Research: Pre-Conference Workshop & Symposium Lecture; Harvard Medical School, Boston, MA (2015)
- Society for Acupuncture Research: Pre-Conference Workshop & Symposium Lecture; Beijing, China (2014)
- Guest Lecturer, Shaanxi University of Chinese Medicine. *Acupuncture Research: Bridging Gaps from Oregon* (2014)
- Society for Acupuncture Research: Pre-Conference Symposium. *Tools and Tips for Making Evidence-Based Acupuncture Presentations* (2013)
- Pain Society of Oregon; Portland Chapter: *Evidence-Based TEAM: State of the Science of Acupuncture* (2013)
- International Research Congress on Integrative Medicine and Health; Pre-Congress Workshop: *Evidence-Based CAM: State of the Science of Traditional East Asian Medicine* (2012)
- Oregon Association of Acupuncture and Oriental Medicine. *Evidence Based Medicine & Acupuncture: A Workshop for Practice Enhancement*; (2011)
- Symposium for Portland Area Research on CAM (SPARC). *Reporting Quality on Acupuncture Trials* (2011)
- World Federation of Acupuncture-Moxibustion Societies. *Acupuncture in the Treatment of Chronic Pain: Challenges in Building an Evidence Base* (2010)
- Northwest Medical Laboratory Symposium. *Acupuncture: Ancient Theories to Modern Science* (2010)
- Society for Acupuncture Research: Pre-Conference Symposium. *Acupuncture Under Attack: How Do We Respond Using the Current Evidence Base-Interpretations of the Evidence* (2010)
- Oregon Collaborative for Integrative Medicine. *Acupuncture in Sports Medicine* (2010)
- Symposium for Portland Area Research on CAM (SPARC). *Translational Research in Acupuncture* (2008)
- Multnomah County Aging and Disability Services. *Research in Acupuncture and Oriental Medicine* (2007)

Publications

- Snow A, Ralston-Wilson J, and Milley R. Acupuncture in Pediatrics: A Scoping Review. *J Integrat Complement Med.* 2025;31(4): 335-349.
- Milley R, Davis R, Kong JT, and Schnyer R. Acupuncture for Pediatric Conditions: A Narrative Review. *Med Acupunct.* 2016;27(6): 420-431.
- MacPherson H, Hammerschlag R, Coeytaux RR, et al. Unanticipated Insights into Biomedicine from the Study of Acupuncture. *J Altern Complement Med.* 2016;22(2):101-7.
- Langevin H, Schnyer R, MacPherson H, et al. Manual and Electrical Needle Stimulation in Acupuncture Research: Pitfalls and Challenges of Heterogeneity. *J Altern Complement Med.* 2015;21(3):113-28.

Publications (Continued):

- Marx BL, Milley R, Cantor DG, et al. AcuTrials®: an online database of randomized controlled trials and systematic reviews of acupuncture. *BMC Complement Altern Med.* 2013;13:181.

- Marx BL, Rubin LH, Milley R, et al. A prospective patient-centered data collection program at an acupuncture and oriental medicine teaching clinic. *J Altern Complement Med.* 2013;19(5):410-5.
- Hammerschlag R, Milley R, Colbert A, et al. Randomized Controlled Trials of Acupuncture, 1997-2007: An Assessment of Reporting Quality with a CONSORT and STRICTA Based Instrument. *Evid Base Comp Alternat Med.* 2011; doi:10.1155/2011/183910
- Langevin H, Wayne P, MacPherson H, et al. Paradoxes in Acupuncture Research: Strategies for Moving Forward. *Evid Base Comp Alternat Med.* 2011; doi:10.1155/2011/180805
- Schnyer R, Lao L, Hammerschlag R, et al. Society for Acupuncture Research: 2007 Conference Report: "The Status and Future of Acupuncture Research: 10 Years Post-NIH Consensus Conference." *J Altern Complement Med.* 2008 Sept;14(7):859-860.
- Schnyer R, Broderick M, Milley R, et al. Sham Controls: Does the Evidence Support Their Use? A Critical Review of the Literature 1997–2006. *J Altern Complement Med.* 2006 Dec;12(10):949 (Abstr).
- Book Chapter: *Controlled Clinical Trials in Acupuncture: Complementary Medicine in Clinical Practice: Integrative Practice in American Healthcare.* David Rakel and Nancy Faass Eds, Jones and Bartlett Publishers, Sudbury, MA 2005.
- Hammerschlag R, Milley R, Colbert AP, et al. Acupuncture RCTs: Quality of Reporting Assessed with a CONSORT and STRICTA Based Instrument. *Focus Altern Complement Med.* 2005;10(S1):24.
- Hammerschlag R, Milley R, Colbert AP, et al. Randomized Controlled Trials of Acupuncture, 1997-2002: Pilot Test of a CONSORT and STRICTA Based Quality of Reporting Instrument. *J Altern Complement Med.* 2004;10(1):203-204.

AFFILIATIONS, CERTIFICATIONS, and RECOGNITIONS:

- 2004 Recipient: American Specialty Health Scholarship (Acupuncture)
- 2003 Recipient: Helio Scholarship (Acupuncture)
- Diplomate: Oriental Medicine; NCCAOM
- Board Member: Society for Acupuncture Research (2007 – 2018)
- Member: PSIA/AASI (Since 1998)
- Instructor: Soaring Crane Qi & 1,000 Hand Buddha Qi Gong (2005)
- BLS Certified; American Red Cross
- Renshi (6th Degree Black Belt; 2021) Uechi Ryu, Okinawan Karatedo Association
- Master Instructor, Uechi Ryu, Okinawan Karatedo Association (2017)

References Furnished Upon Request